WEST AFRICA PEOPLE-TO-PEOPLE: Sierra Leone

Bicycle Africa © 2010 (subject to change)

Small Group (10 max.) Small group, self-contained bicycle tour through coastal and interior Sierra Leone. Highlights include rural life-styles & culture of the multi-cultural West African (Krio, Temne, Mende, etc.), architectural, historic sites, markets, art, village stays, development projects, people and extraordinary scenic countryside.

Cycling Conditions: 700km, 400 miles, 50% paved roads, mixed terrain, some rustic conditions.

Weather Conditions: Highs in the 80sF (20sC), lows in the 60sF (10sC), expect humidity but slight chance of rain.

Code: Lighting: E - electric, K - kerosene; Climate: AC - air conditioning, F - fan; Bath: S - shower and bath tubs; B - bucket bath, h - hot water, T - toilet, L - latrine; sc - self-contained.

DAY 01 Sun Nov LUNGI. Rendezvous at the hotel in the afternoon and make introductions.

Accommodations: hotel (E, scS, scT)

DAY 02 Mon Nov Lungi-PORT LOKO (60km, 37 miles) Temne is the dominant Ethnic group in this area.

Points of interest:

Cycling conditions: paved, rolling
Accommodations: hotel (E, F, scS, scT)

DAY 03 Tue Nov Port Loko-PENDEMBU (80km, 50 miles)

Points of interest:

Cycling conditions: mixed surface, rolling Accommodations: local housing (K, B, L, rustic)

DAY 04 Wed Nov Pendembu-MAGBURAKA (60km, 37miles) We travel to the edge of the Limba ethnic group.

Points of interest: Makena, NGO activities Cycling conditions: paved, rolling Accommodations: hotel (E, S, T)

DAY 05 Thu Nov Magburaka-MASINGBI (70km, 44miles) We travel to the edge of the Koranko ethnic area.

Points of interest:

Cycling conditions: paved, rolling

Accommodations: local housing (K, B, L, rustic)

DAY 06 Fri Nov Masingbi-NJAIAMA (80km, 50mi) Near the notorious "Blood Diamond" region. Fortunately peace has

returned.

Points of interest: Nimini Hills Protected Area Cycling conditions: mixed surface, rolling Accommodations: guest house (K, B, T)

DAY 07 Sat Nov Njaiama-PANGUMA (80km, 50 miles)

Points of interest:

Cycling conditions: mixed surface, rolling Accommodations: guest house (K, B, T)

DAY 08 Sun Nov Panguma-BLAMA (80km, 50 miles)

Points of interest: Cycling conditions:

Accommodations: guest house (K, B, T) Blama-POTORU (50km, 30miles)

Cycling Conditions:

Accommodations: guest house (K, B, T)

DAY 10 Tue Nov POTORU

DAY 09 Mon Nov

Points of interest: Twai Island Sanctuary

Cycling conditions:

Accommodations: guest house (K, B, T)

DAY 11 Wed Nov Porotu-BO (80km, 50 miles)

Points of interest: Cycling conditions:

Accommodations: hotel (E, scS, scT)

DAY 12 Thu Nov Bo-FREETOWN (by transport, 160km, 100 miles)

Points of interest: Cycling conditions:

Accommodations: hotel (E, scS, scT)

DAY 13 Fri Nov Freetown-LUNGI. Explore the capital city during the day and go to Lungi in the afternoon.

Points of interest: Cottonwood Tree, Government Wharf, Slave Steps, Big Market, The Gateway to the

Old Kings Yards, Maroon Church. Cycling conditions: urban

Accommodations: hotel (E, scS, scT)

DAY 14 Sat Nov End of program. Continue on to your next destination.